



# SPRING RESIDENTIAL CAMPS

TOULOUSE, FRANCE | MARCH 2024



# WELCOME TO EUROPEAN SOCCER PRO ACADEMY'S SPRING RESIDENTIAL CAMPS

Get ready for an unforgettable experience where aspiring soccer players aged 13 to 20 can hone their skills, enhance their game understanding, and enjoy a fantastic time on the field. Here's everything you need to know about our Spring Residential Camps in March 2024:



## DURATION

2 weeks available  
in March 2024



## LEVEL

Advanced to elite  
level



## ELIGIBILITY

Male and female  
players aged 13 to  
20 in 2024



## LOCATION

Toulouse, France



# 2024 DATES

2 weeks are available in March 2024:

01 MARCH 8<sup>TH</sup> - 15<sup>TH</sup>

02 MARCH 22<sup>ND</sup> - 29<sup>TH</sup>



# SAFE AND COMFORTABLE ACCOMMODATIONS

Our European Soccer Pro Academy in Toulouse, in collaboration with **CREPS de Toulouse**, is equipped with **state-of-the-art facilities**, designed to provide the optimal environment for player development. We take the comfort and safety of our students seriously. Our modern and well-appointed residential facilities offer a home away from home experience. Each student-athlete is provided with a comfortable living space, ensuring they have the rest and relaxation they need to excel on and off the field.



# TRAINING FIELDS

Our academy boasts multiple training fields that meet the highest standards in the industry. **These meticulously maintained natural grass and turf pitches** provide the perfect surface for honing technical skills, tactical understanding, and physical conditioning.



# INTRODUCING OUR TEAM OF EXPERTS



**SERGE SOUCHON**

Technical Director



**THOMAS BOSSENEC**

Soccer Coach



**ISSOUMAÏLA DAO**

Soccer Coach

**ALL COACHES ARE UEFA A LICENSED**

# TRAIN LIKE A PRO, PLAY LIKE A CHAMPION!



## SKILL DEVELOPMENT

Our training program focuses on enhancing your technical abilities, including dribbling, passing, shooting, and ball control. Through rigorous drills and exercises, **we aim to sharpen your skills and develop your muscle memory**, enabling you to execute precise movements instinctively during matches.

## TACTICAL UNDERSTANDING

Understanding the intricacies of the game is essential to becoming a successful soccer player. **Our tactical training sessions will teach you how to read the game, position yourself effectively, and make intelligent decisions on the field.** You will learn different playing styles, formations, and strategies to adapt to various match scenarios.

## PHYSICAL CONDITIONING

Soccer demands a high level of physical fitness. **Our coaches will work with you to improve your endurance, speed, strength, and agility.** We believe that a well-conditioned athlete can perform at their best throughout the entire match and reduce the risk of injuries.

## MENTAL TOUGHNESS

In addition to physical training, we prioritize mental conditioning. Soccer is a mentally demanding sport, and our mental coaches will provide you with **tools to build mental resilience, focus, and confidence.** You will learn how to overcome challenges, stay composed under pressure, and maintain a winning mindset.

# VIDEO ANALYSIS

At the European Soccer Pro Academy, we're dedicated to providing our athletes with the most advanced tools to sharpen their skills and enhance their performance. **In our Pro Training program, we've harnessed the power of cutting-edge technology through the use of Veo Camera.**

Our Veo Camera is your game-day companion, capturing every crucial moment of your performance on the field. Its intelligent tracking system ensures that no detail escapes our watchful eye. This technology brings your game to life in an immersive and comprehensive way, offering an unparalleled view of your performance from every angle.





# WEEKLY SCHEDULE

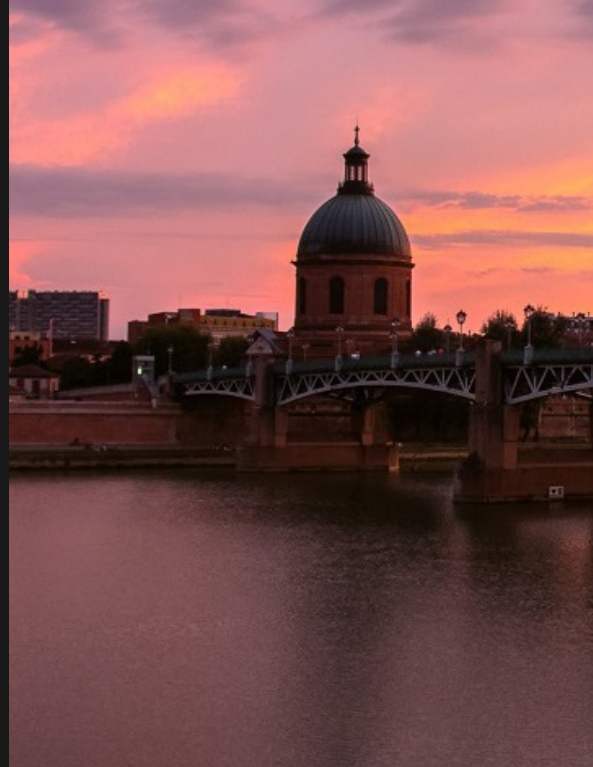
Residential camps include 7 nights and are scheduled from Friday to Friday, with check-in available from 4:00 PM on the starting Friday and check-out permitted until 12:00 PM on the following Friday.

	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:00 AM							
9:00 AM	REST	VISIT OF TOULOUSE	VIDEO ANALYSIS	VIDEO ANALYSIS	VIDEO ANALYSIS	INTERNAL TOURNAMENT	AWARDS CEREMONY
10:00 AM							
11:00 AM			SOCCER TRAINING	SOCCER TRAINING	SOCCER TRAINING		CHECK-OUT
12:00 PM	OPENING CEREMONY						
12:30 PM			SHOWER	SHOWER	SHOWER	SHOWER	
1:00 PM	LUNCH	LUNCH					
2:00 PM			LUNCH	LUNCH	LUNCH	BBQ LUNCH	
3:00 PM	SOCCER TRAINING	SOCCER TRAINING	SOCCER TRAINING	SOCCER TRAINING	VISIT OF TOULOUSE	FUN ACTIVITIES AND EXCURSIONS	
4:00 PM							
5:00 PM	SHOWER & SNACK	SHOWER & SNACK	SHOWER & SNACK	SHOWER & SNACK			
6:00 PM	FUN ACTIVITIES AND EXCURSIONS	FUN ACTIVITIES AND EXCURSIONS	FUN ACTIVITIES AND EXCURSIONS	FUN ACTIVITIES AND EXCURSIONS			
7:00 PM							
8:00 PM	DINNER	DINNER	DINNER	DINNER	DINNER AT TOULOUSE	DINNER	

\* Schedule subject to change.

# VISITS IN TOULOUSE

As part of our holistic soccer experience, our players have the unique opportunity to explore the beautiful city of Toulouse. Beyond the soccer field, Toulouse offers a rich tapestry of culture, history, and stunning landscapes. From the enchanting streets of the Old Town to the vibrant markets and iconic landmarks, our players will have the chance to immerse themselves in the rich heritage and warm atmosphere of the Pink City. It's not just about becoming better soccer players; it's about experiencing the world and creating lasting memories both on and off the field.



# PRICING

2 options are available for the Spring camp in March 2024:

## MARCH 8<sup>TH</sup> – 15<sup>TH</sup> SPRING RESIDENTIAL CAMP

- 20 hours Pro soccer training and games
- State-of-the-art facilities
- Video analysis
- Internal tournament
- Visits in Toulouse
- Opening / Awards ceremony
- Full board accommodation
- 4 meals per day
- Transportation
- Uniforms kits
- Flight not included

€2,500

## MARCH 22<sup>ND</sup> – 29<sup>TH</sup> SPRING RESIDENTIAL CAMP

- 20 hours Pro soccer training and games
- State-of-the-art facilities
- Video analysis
- Internal tournament
- Visits in Toulouse
- Opening / Awards ceremony
- Full board accommodation
- 4 meals per day
- Transportation
- Uniforms kits
- Flight not included

€2,500



# REGISTRATION

**Spaces are limited, secure your spot soon!**

For any questions, please contact us at

[contact@europeansoccerproacademy.com](mailto:contact@europeansoccerproacademy.com)

or schedule an appointment.

**REGISTER ONLINE**





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ON SOCIAL MEDIA**



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